

Two subtle symptoms of dementia to look out for in loved ones at home

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More than 55 million people have dementia worldwide

People are being warned to look out for two little-known symptoms of dementia that could be spotted in loved ones at home.

According to the World Health Organization (WHO), more than 55 million people have dementia worldwide, including around six million in the US. This means one in every 35 people have this cruel illness, and **there are two lesser-known signs to watch out for**, as reported by the Mirror.

Dementia is not a specific disease but is rather a general term for the **impaired ability to remember, think, or make decisions** that interferes with doing everyday activities.

Alzheimer's disease is the most common type of dementia. While dementia mostly affects older adults, it is not a part of normal aging. Although it is more common in people over 65, dementia can affect anyone of any age. In addition to some of the more well-known and common symptoms of the condition, such as **memory loss and confusion**, there are a couple more subtle changes to be mindful of in loved ones.

- As dementia develops and the disease progresses, an **early sign may be restlessness**.
- Another sign is if you notice the person starting **to wander around their home** more. They may also leave the house and walk out at any time of the day or night. According to Alzheimer's Society, these are the most common symptoms to watch out for.

However, good news might just be around the corner. Dr Richard Oakley, from the Alzheimer's Society, said: *"After 20 years with no new Alzheimer's disease drugs, we now have two potential new drugs in 12 months. This could be the beginning of the end for Alzheimer's disease."*

Scientists have found two things **called tau and amyloid** in the brains of people with Alzheimer's for a long time. They think these might cause the bad symptoms of dementia, but they're not sure how.

Last year, scientists tested **a new medicine called Lecanemab** that helped **slow down the symptoms by 27 percent** because it stops amyloid from building up in the brain. Experts hope that new medicines that work on tau and amyloid could help even more with memory and thinking problems in people with Alzheimer's.